

Lesson and Practice Format
general guidelines

30 Minute Lesson:

Gearing Up -exercises:	2 minutes
River of Scales -scales, chords, cadences & arpeggios	5 minutes
Sea of Pieces -method books	15 minutes
The Continent of Theory -theory drills	} 8 minutes
Piano Language -vocabulary	
Piano Culture -Music Appreciation	

45 Minute Lesson:

Gearing Up -exercises:	5 minutes
River of Scales -scales, chords, cadences & arpeggios	5 minutes
Sea of Pieces -method books	20 minutes
The Continent of Theory -theory drills	} 15 minutes
Piano Language -vocabulary	
Piano Culture -Music Appreciation	